

				W	School	Weight	Lifter	Squat			Bench			Dead Lift			Total 3 per II						
97	1st	12	97 W	W	Cros-Lex	89.1	Taylor Hendrick	95g	110x	110g	110	70g	75g	80g	80	160g	180g	195g	195	385	4.321		
	2nd	9	97 W	W	Brighton	95	Jena Lusby	120x	120g	135g	135	80g	90x	90x	80	145g	165g	180x	165	380	4.000		
	3rd	8	97 W	W	Yale	82.7	Juliana Ferguson	110g	120x	120g	120	55g	60g	60g	60	145g	155g	170x	155	335	4.051		
	4th	7																					
	5th	6																					
	6th	5																					
	7th	4																					
	8th	3																					
	9th	2																					
	10th	1																					
105	1st	12	105 W	W	Kearsley High Sch	104.1	Miranda Hardy	175g	195x	195x	175	105g	110g	115x	110	235g	245g	255x	245	530	5.091		
	2nd	9	105 W	W	Lake Orion	104.4	Kirsten Formell	165g	175g	185x	175	80g	95g	100g	100	220g	235g	245x	235	510	4.885		
	3rd	8	105 W	W	Cros-Lex	102.3	Mariah Sergant	160g	170g	180x	170	90g	95x	95x	90	220g	240g	250x	240	500	4.888		
	4th	7	105 W	W	Kearsley High Sch	102.6	Amelia Boggs	150g	155g	160g	160	85g	90g	95x	90	200g	215g	235g	235	485	4.727		
	5th	6	105 W	W	Cros-Lex	102.1	Rebecca Lootens	145x	145g	155g	155	90g	95x	95x	90	205g	220g	235x	220	465	4.554		
	6th	5	105 W	W	Lake Orion	102.1	Rebecca Carlson	130g	145g	155x	145	70g	80x	80g	80	215g	225g	240x	225	450	4.407		
	7th	4	105 W	W	Montague	102.1	Samantha Kowalski	135g	140g	150g	150	85x	90g	100g	100	175g	185g	195g	195	445	4.358		
	8th	3	105 W	W	Mona Shores	103.9	Enders, LaShay	115g	125g	135x	125	80g	90g	95g	95	180g	205g	225x	205	425	4.090		
	9th	2	105 W	W	Three Rivers	104.1	Kaitlyn Hughes	105x	115g	130x	115	70g	80x	80x	70	160g	170g	190g	190	375	3.602		
	10th	1	105 W	W	Grass Lake	101.9	Maddy Bliss	125g	145g	165x	145	75g	80g	85x	80	125g	145g	155x	145	370	3.631		
114	1st	12	114 W	W	Cros-Lex	111.3	Jade Kellerman	165g	180g	190x	180	100g	105g	110x	105	205g	220g	230x	220	505	4.537		
	2nd	9	114 W	W	Three Rivers	111.4	Allena hughes	150g	165g	175g	175	85g	90x	90g	90	190g	205g	240g	240	505	4.533		
	3rd	8	114 W	W	Bendle	112.2	Skylar Yorks	155g	185g	205x	185	85g	95x	95g	95	185g	215g	225g	225	505	4.501		
	4th	7	114 W	W	Cros-Lex	112.3	Tara Adams	155g	165x	165g	165	95g	100x	100x	95	205g	220g	230x	220	480	4.274		
	5th	6	114 W	W	Grass Lake	113.3	HANNAH EDIE	125g	145g	165g	165	95g	100g	105x	100	175g	190g	205g	205	470	4.148		
	6th	5	114 W	W	Lake Orion	110.3	Joslynn Wilczewski	135x	135x	135g	135	70g	75g	80x	75	225g	250g	265x	250	460	4.170		
	7th	4	114 W	W	Grand Blanc	113.4	Nikaj Megi	135g	150g	160x	150	80g	90x	90x	80	200g	225g	240x	225	455	4.012		
	8th	3	114 W	W	Ionia	110.9	Olivia Beastrom	115g	125g	145g	145	75g	90g	95x	90	170g	190g	205g	205	440	3.968		
	9th	2	114 W	W	Allendale	107.2	Sophia DiPiazza	125x	125g	135g	135	55g	65g	75x	65	195g	210g	225g	225	425	3.965		
	10th	1																					
	1st	12	123 W	W	Kingsley	121.5	Lexie Coxon	210g	220x	220g	220	115x	125g	135g	135	215g	245g	270g	270	625	5.144		
	2nd	9	123 W	W	Imlay CITY	121.7	Jillian LeFevere	210g	220g	225x	220	110g	120g	130x	120	250g	260g	295x	260	600	4.930		

123	3rd	8	123 W	W	Cros-Lex	122.7	Ashlyn Mcneil	190g	200g	205g	205	85g	90g	95x	90	260g	285g	315x	285	580	4.727
	4th	7	123 W	W	Whitehall	121.1	Julia Bedau	200g	215x	215x	200	120g	125x	125g	125	250g	275x	275x	250	575	4.748
	5th	6	123 W	W	Davison	121.4	Kaili Miller	210x	210g	225x	210	85g	90x	90x	85	250g	260g	275g	275	570	4.695
	6th	5	123 W	W	Independent(Bordc	121.6	Lira Bordoley	180g	190g	210g	210	95g	100g	110x	100	250x	250x	250g	250	560	4.605
	7th	4	123 W	W	PHHS	120.5	Kayla Whiting	185g	200g	210x	200	90g	95g	105g	105	230g	245g	250x	245	550	4.564
	8th	3	123 W	W	Cros-Lex	119.3	Gabby Day	185x	185g	200x	185	85x	85g	90x	85	225g	245g	265g	265	535	4.484
	9th	2	123 W	W	Onsted	119.6	Holly Morse	150g	185x	185g	185	100g	115x	125x	100	250g	275x	275x	250	535	4.473
	10th	1	123 W	W	Schoolcraft	121.1	Aislyn Shannon	180g	185g	190x	185	90g	95x	95x	90	240g	245g	255g	255	530	4.377
132	1st	12	132 W	W	Allendale	127.5	Grace Perrin	215g	225g	235g	235	120g	130g	135x	130	315g	330g	340g	340	705	5.529
	2nd	9	132 W	W	Marcellus	129	Katie Marsh	255g	265g	275x	265	165g	170x	175x	165	260g	265x	265g	265	695	5.388
	3rd	8	132 W	W	Grandville	129.8	Charli Sanchez	240g	255g	275x	255	110g	120g	130g	130	275g	295g	315x	295	680	5.239
	4th	7	132 W	W	Grand Haven	131.2	Natalie Bremmer	185g	205g	215g	215	105g	120g	125g	125	245g	285g	300g	300	640	4.878
	5th	6	132 W	W	Maple Valley	131.8	Cameron Wells	205g	210g	220g	220	95g	100x	100g	100	240g	265g	280g	280	600	4.552
	6th	5	132 W	W	Lake Orion	130.3	Erin Kurtycz	210g	220g	235g	235	95g	100g	105g	105	230g	240g	255g	255	595	4.566
	7th	4	132 W	W	Lowell	130.6	Jennifer Cooper	180x	180x	180g	180	95g	105g	110x	105	255g	275g	300g	300	585	4.479
	8th	3	132 W	W	Standish-Sterling	127.2	KarasyN Kraska	200g	215x	215x	200	110g	120g	130g	130	225g	250x	250g	250	580	4.560
	9th	2	132 W	W	Cros-Lex	128.6	Ryen Radtke	205g	210x	210x	205	90g	95g	100g	100	260g	275g	285x	275	580	4.510
	10th	1	132 W	W	Traverse City Wes	130.6	Isabelle Jaquish	185g	195g	205g	205	105g	110g	115x	110	225g	245g	255g	255	570	4.364
145	1st	12	145 W	W	Climax-Scotts	142.5	Jenna Haynes	275g	285x	285g	285	125g	135g	140g	140	305g	315g	335g	335	760	5.333
	2nd	9	145 W	W	Montague	137.3	Madison Diamond	230g	240g	255g	255	120g	125g	130x	125	350g	375g	385x	375	755	5.499
	3rd	8	145 W	W	Three Rivers	143.2	Kali Heivilin	225g	245g	250g	250	115g	130g	135g	135	320g	350g	x	350	735	5.133
	4th	7	145 W	W	Cros-Lex	141.5	Lily Kettlewell	260x	260g	275x	260	130g	140g	145x	140	290g	310g	335x	310	710	5.018
	5th	6	145 W	W	Grandville	140.4	Courtney Hardin	210g	225g	240g	240	135g	145g	150g	150	295g	315g	335x	315	705	5.021
	6th	5	145 W	W	Bendle	133.6	Brittani Wray	225g	245x	245g	245	115g	125g	135x	125	285g	305g	315g	315	685	5.127
	7th	4	145 W	W	Three Rivers	140.3	Shantel Blyly	210g	225g	245g	245	105g	115g	125g	125	270g	290g	310g	310	680	4.847
	8th	3	145 W	W	River Valley	137.9	Allison Schmidt	225g	245g	255g	255	95g	105g	115x	105	275g	295g	310g	310	670	4.859
	9th	2	145 W	W	Davison	141.3	Makayla Pringle	235g	260x	260g	260	130g	140x	140x	130	275g	290x	290x	275	665	4.706
	10th	1	145 W	W	Grandville	142.7	Samantha Thompson	215g	225g	235g	235	110g	120g	125x	120	260g	275g	290g	290	645	4.520
155	1st	12	155 W	W	Lake Orion	148.8	Andrea McCallum	270g	290g	300g	300	125g	135g	140x	135	255g	275g	285g	285	720	4.839
	2nd	9	155 W	W	WOLL	154.7	Kris Carver	225g	245g	275g	275	110g	125g	140x	125	250g	275g	300g	300	700	4.525
	3rd	8	155 W	W	Henry Ford II	150.1	Payton Albrecht	215g	225g	235g	235	115g	125g	130g	130	285g	300g	315g	315	680	4.530
	4th	7	155 W	W	Cros-Lex	152.7	Maddie Seppo	240g	255x	255g	255	115g	120x	125x	115	260g	280x	280g	280	650	4.257
	5th	6	155 W	W	Whitehall	151.8	Kayla Hite	205g	225x	225g	225	125g	135g	145x	135	275g	285g	300x	285	645	4.249
	6th	5	155 W	W	Yale	150.6	Paige French	180g	195g	205g	205	120g	130x	130x	120	275g	300g	315g	315	640	4.250
	7th	4	155 W	W	North Branch	154	Emma Bloss	210g	225g	240g	240	110g	125g	135g	135	225g	250g	260g	260	635	4.123
	8th	3	155 W	W	Grandville	154.7	Alex Webster	200g	220g	235x	220	105g	115g	120x	115	265g	280g	300g	300	635	4.105

	9th	2	155 W	W	Dexter	149.8	Ellen Barnes	210g	220x	220g	220	125g	135x	135x	125	275x	275g	285g	285	630	4.206
	10th	1	155 W	W	Standish-Sterling	152.8	Taylor Krzyzaniak	210g	220g	230x	220	110g	120x	120x	110	255g	275g	295g	295	625	4.090
165	1st	12	165 W	W	Whitehall	162.2	Maelie Hope	265g	280g	300x	280	165x	180g	200x	180	275g	300g	325g	325	785	4.840
	2nd	9	165 W	W	Davison	161.9	Cara Nanney	290x	290g	315x	290	135g	145g	150x	145	275g	315g	335x	315	750	4.632
	3rd	8	165 W	W	Lakeview - (St. Cla	158.7	Sikyaa Conley	245x	265g	280x	265	125g	135g	145x	135	330g	340g	355x	340	740	4.663
	4th	7	165 W	W	Lake Orion	162.4	Sydney Myszenski	250g	265g	280g	280	115g	120g	130g	130	285g	305g	325g	325	735	4.526
	5th	6	165 W	W	Lake Orion	161.2	Olivia Earnest	250g	270x	270g	270	110g	120g	125x	120	275g	290g	300g	300	690	4.280
	6th	5	165 W	W	Kingsley	161.1	Tori Mcintosh	255x	255g	275g	275	120g	130g	135g	135	275x	275g	290x	275	685	4.252
	7th	4	165 W	W	Goodrich	163.3	Savannah Stratton	245g	255g	260x	255	95g	105g	110g	110	275g	290g	305g	305	670	4.103
	8th	3	165 W	W	Cros-Lex	158.1	Karlie Robertson	235g	250x	250x	235	110g	115x	115g	115	295g	315g	340x	315	665	4.206
	9th	2	165 W	W	LakeVille	162.5	Bre West	230g	240g	250g	250	80g	90g	95x	90	290g	305g	325g	325	665	4.092
	10th	1	165 W	W	Harper Creek	156.3	Sam Herfert	190g	200g	215g	215	150g	155g	160x	155	230g	240g	255g	255	625	3.999
181	1st	12	181 W	W	East Jordan	178.9	Lillii Armstrong	250g	270g	275g	275	165g	175g	185x	175	355g	370x	370g	370	820	4.584
	2nd	9	181 W	W	CLHS	178.9	Brooklyn Diller	300g	315g	325g	325	135g	145g	150x	145	315g	325g	350x	325	795	4.444
	3rd	8	181 W	W	Brighton	166.2	Gabby Ditto	235g	255g	270g	270	115g	130g	140g	140	310g	325g	335x	325	735	4.422
	4th	7	181 W	W	Stoney Creek	172.1	Delaney McPherson	220g	240g	255x	240	145x	160g	170g	170	265g	275g	295g	295	705	4.096
	5th	6	181 W	W	Henry Ford II	178.2	Marissa O'Connor	245g	255g	265g	265	130x	130g	135g	135	265g	285g	300g	300	700	3.928
	6th	5	181 W	W	Ionia	176	Madison Daugherty	220g	245g	260g	260	135g	150g	170x	150	245g	265g	285g	285	695	3.949
	7th	4	181 W	W	Brighton	166.9	Katie Ferguson	220g	230g	240x	230	105g	110g	120g	120	305g	325g	340g	340	690	4.134
	8th	3	181 W	W	Cros-Lex	168.4	Juliegh Vancamp	270g	285g	300x	285	115g	120x	120g	120	260g	280g	290x	280	685	4.068
	9th	2	181 W	W	Grant	174.3	Abby Konicki	240g	255g	265g	265	115g	130g	140g	140	230g	250g	275x	250	655	3.758
	10th	1	181 W	W	Lake Orion	176.1	Kalee Kneiss	185g	205g	225g	225	90g	105g	115x	105	285g	305x	305x	285	615	3.492
198	1st	12	198 W	W	Independent(Jacot	188.6	Heather Jacobs	225g	250g	260g	260	140g	160g	170g	170	300g	320g	340g	340	770	4.083
	2nd	9	198 W	W	Grand Blanc	189.6	Sierra Ashworth	225g	255g	270x	255	105g	120g	125x	120	275g	315g	325x	315	690	3.639
	3rd	8	198 W	W	Grass Lake	192.7	Jennifer Sherwood	225g	255g	265g	265	120g	135g	145x	135	260g	280x	305x	260	660	3.425
	4th	7	198 W	W	Grandville	187.6	Cierra Roberts	195g	215x	215g	215	110g	115g	125x	115	245g	280g	290g	290	620	3.305
	5th	6	198 W	W	Cros-Lex	196.5	Rylee Prowse	210g	225g	230g	230	100g	110g	115x	110	260g	280g	290x	280	620	3.155
	6th	5	198 W	W	Grand Haven	189.3	Emily Stevenson	210g	225g	230x	225	110g	125x	125x	110	240g	270g	280g	280	615	3.249
	7th	4	198 W	W	Lake Orion	193	Makayla Osborne	215g	230g	240x	230	100g	110x	110x	100	285x	285g	310x	285	615	3.187
	8th	3	198 W	W	Grandville	197.7	Katie Simons	180g	195g	210g	210	110g	120g	125x	120	265g	285x	285g	285	615	3.111
	9th	2	198 W	W	Yale	193.3	Brooke McIntyre	205g	225g	230g	230	120g	130g	135g	135	205g	235g	240x	235	600	3.104
	10th	1	198 W	W	Birch Run	197.5	Carleigh Pettit	205g	220g	235x	220	120g	130x	130x	120	260g	285x	285x	260	600	3.038
	1st	12	220 W	W	Marcellus	215	Jackyia Buck	300g	335g	355g	355	100g	115g	120g	120	305g	335g	365x	335	810	3.767
	2nd	9	220 W	W	Farwell	216.1	Mia Fetzer	255g	270g	295g	295	135g	150x	150x	135	315g	355g	385x	355	785	3.633
	3rd	8	220 W	W	Cros-Lex	216.4	Abby Deview	260g	275g	285x	275	145g	155g	160x	155	300g	320g	330x	320	750	3.466
	4th	7	220 W	W	Lowell	215.1	Lauren Haff	235g	260g	280g	280	110x	120g	130g	130	255g	290g	315g	315	725	3.371

220	5th	6	220	W	W	Henry Ford II	200.4	Maria Beninati	235g	250g	265g	265	115g	125g	130x	125	285g	295x	295x	285	675	3.368
	6th	5	220	W	W	Berrien Springs	203.1	Rylee Disterheft	205g	225g	255g	255	110g	135x	135x	110	250g	275g	290g	290	655	3.225
	7th	4	220	W	W	Birch Run	211.8	Alexis Ostrander	225g	245g	270x	245	110g	115g	120x	115	270g	290g	310x	290	650	3.069
	8th	3	220	W	W	Linden	216.6	Maria Miller	215g	235g	250x	235	130x	140g	145x	140	245g	265g	270x	265	640	2.955
	9th	2	220	W	W	Dowagiac	216.6	Madison Potter	190g	200g	205g	205	105g	115g	125g	125	245g	260g	280g	280	610	2.816
	10th	1	220	W	W	Whitehall	213.7	Aaliyah Moore	205g	220g	230g	230	105g	110x	110x	105	245g	255g	265g	265	600	2.808
242	1st	12	242	W	W	Goodrich	221.3	Willow Tetmeyer	335g	355g	375x	355	155g	165g	170g	170	375g	425g	450g	450	975	4.406
	2nd	9	242	W	W	PHHS	227.9	Kashanna Graham	230g	260g	285g	285	135g	150g	160g	160	300g	320g	330g	330	775	3.401
	3rd	8	242	W	W	Grant	236.8	Heather Crosby	240g	250g	260g	260	120g	135g	150g	150	275g	300g	320g	320	730	3.083
	4th	7	242	W	W	Constantine	241.2	Lilly Stears	210g	240g	260g	260	120g	130g	145g	145	265g	305g	325g	325	730	3.027
	5th	6	242	W	W	CLHS	228.5	Desiree Herrst	235g	245g	260g	260	125g	135g	140x	135	285g	300g	320g	320	715	3.129
	6th	5	242	W	W	Grand Haven	239.6	Allison Gardner	210g	230g	250g	250	120g	135x	140x	120	300g	335g	355x	335	705	2.942
	7th	4	242	W	W	Decatur	235.7	Jania Green	165g	200g	220g	220	115g	135g	140g	140	300g	320x	325g	325	685	2.906
	8th	3	242	W	W	Birch Run	236.2	Lindsey Murlick	230g	250x	250g	250	115g	125x	125g	125	275g	300g	325x	300	675	2.858
	9th	2	242	W	W	PHHS	222.2	Alexia Hinojosa	205g	225g	235x	225	120g	130x	130x	120	295g	315g	325g	325	670	3.015
	10th	1	242	W	W	Independent (Bullc	235.9	Alexus Knapik	210g	240g	250g	250	115g	135g	140x	135	255g	280g	305x	280	665	2.819
SHW	1st	12	SHW	W	W	Shepherd	284.1	Hailey Ryan	365g	380g	390g	390	175g	185g	190x	185	375g	390g	420g	420	995	3.502
	2nd	9	SHW	W	W	Cros-Lex	286.3	Zoey Wolfe	360g	375x	375g	375	175g	185x	185x	175	385x	385g	400x	385	935	3.266
	3rd	8	SHW	W	W	PHHS	275.8	Damajiea Smith	295g	315g	325x	315	160x	160g	175x	160	315g	335g	350g	350	825	2.991
	4th	7	SHW	W	W	Birch Run	274.1	Morgen Stevens	330g	350g	365x	350	150g	165x	165x	150	290g	310x	310g	310	810	2.955
	5th	6	SHW	W	W	Lake Orion	257.9	Lauren Alberty	250g	270g	300g	300	175g	190x	190x	175	290g	300g	305g	305	780	3.024
	6th	5	SHW	W	W	Adrian	346.9	Ariana Rodriguez	235g	255g	285g	285	140g	150g	160g	160	275g	295x	295g	295	740	2.133
	7th	4	SHW	W	W	Lawton High Schoo	271	Joselyn Buentello	235x	250g	265x	250	115g	120g	130g	130	315g	330g	340g	340	720	2.657
	8th	3	SHW	W	W	Marine City	286.9	Cassie Brown	255x	265g	275x	265	175g	180g	190x	180	265x	275x	275g	275	720	2.510
	9th	2	SHW	W	W	Hemlock	266.6	Courtney Boehler	225g	245g	255g	255	120g	130x	130g	130	285g	320g	335x	320	705	2.644
	10th	1	SHW	W	W	Dexter	250.9	Hannah Grube	215g	230g	250g	250	125g	135g	140g	140	250g	275g	300g	300	690	2.750