

Women's Varsity Results

			W	School	Weight	Lifter	Squat				Bench				Dead Lift				Total	lb per lb	
105	1st	12	105 W	W	Edwardsburg	103.5	Delaney Sousley	215g	230g	240g	240	115g	125g	130g	130	275g	295g	305g	305	675	6.522
	2nd	9	105 W	W	Northview	103.6	Katherine Cook	185g	210x	210g	210	95g	105x	105x	95	185g	235g	255g	255	560	5.405
	3rd	8	105 W	W	Grandville	104.9	Riley Chesla	190g	200g	210x	200	90g	100x	100x	90	215g	230g	245x	230	520	4.957
	4th	7	105 W	W	Grandville	102.2	Lorelai Curtis	150g	160g	170x	160	105g	115x	115x	105	215x	215x	215g	215	480	4.697
	5th	6	105 W	W	HFII	103.3	Denise Garza	150g	155g	160g	160	75g	80g	85x	80	205g	215x	215x	205	445	4.308
	6th	5	105 W	W	CROSLEX	91.4	Taylor Hendrick	125g	135g	140x	135	90g	95g	100g	100	170g	195g	205x	195	430	4.705
	7th	4	105 W	W	Marcellus	102.9	Maddie Smith	135g	145g	150g	150	70g	75g	80x	75	185g	195x	200g	200	425	4.130
	8th	3	105 W	W	Millington	92.9	Brookelyn Finatri	140g	150g	155x	150	80g	85g	90x	85	165g	180g	195x	180	415	4.467
	9th	2	105 W	W	PHHS	100.6	Jaycey Moser	135g	145g	150x	145	75g	80g	85x	80	155g	165g	175g	175	400	3.976
	10th	1	105 W	W	Ionia	97.6	Aimme Cardoso	145g	155g	160x	155	80g	85x	85g	85	150g	165x	165x	150	390	3.996
114	1st	12	114 W	W	Warren Mott	112.8	Hailey Stamper	210g	220g	230g	230	100g	105g	110x	105	250g	265x	270g	270	605	5.363
	2nd	9	114 W	W	Napoleon	108.8	Alexa Burgess	210g	220g	225g	225	115g	120g	125g	125	225g	235g	250g	250	600	5.515
	3rd	8	114 W	W	Grand Haven	110.8	Emma Becker	175g	195g	205x	195	110g	120g	125x	120	210g	225g	240g	240	555	5.009
	4th	7	114 W	W	Utica	112.6	Danielle Griffor	185g	195x	195x	185	115g	120x	120x	115	240g	255x	255g	255	555	4.929
	5th	6	114 W	W	Troy Athens	108.7	Katarina Tasich	185g	195g	210x	195	95g	100g	105x	100	215g	235g	250g	250	545	5.014
	6th	5	114 W	W	Romeo	112.8	Kaitlin Lewis	130g	155g	170g	170	85g	90g	95g	95	200g	235g	250g	250	515	4.566
	7th	4	114 W	W	HFII	110.8	Peyton Ng	170g	185g	195g	195	85x	85g	90x	85	200g	210g	220g	220	500	4.513
	8th	3	114 W	W	LAKEVIEW SCS	112	ELENA MOUDAD	160g	165g	170x	165	95g	105g	110x	105	200g	215g	225g	225	495	4.420
	9th	2	114 W	W	LAKEVIEW SCS	112	ALEXANDRA DREFFS	175g	180g	185g	185	90g	95x	95x	90	200g	210g	215x	210	485	4.330
	10th	1	114 W	W	Forest Area High S	112.8	Meagan Lange	185g	200x	200x	185	110g	115x	115x	110	185g	205x	205x	185	480	4.255
123	1st	12	123 W	W	Holt	121.9	Hannah Shipley	210g	220g	240g	240	110g	120g	130x	120	250g	280g	290g	290	650	5.332
	2nd	9	123 W	W	Troy Athens	122.9	Sofie Palmkoeck	185g	200g	215x	200	120g	125x	125x	120	255g	275g	290g	290	610	4.963
	3rd	8	123 W	W	Flushing	121.7	Chloe Ziemelis	150g	170x	170g	170	110g	120g	125x	120	285g	300g	315g	315	605	4.971
	4th	7	123 W	W	CENTRAL LAKE	121.3	LIBERTY PERRY	210g	225g	235g	235	110g	120g	125x	120	220g	245g	250x	245	600	4.946
	5th	6	123 W	W	Dowagiac Union	121.2	Olivia Stanger	210g	220g	230g	230	90g	95g	100x	95	245g	260g	265g	265	590	4.868
	6th	5	123 W	W	Grandville	121.2	Hallie Fewless	175g	185x	185g	185	105g	110g	115x	110	250g	265g	275x	265	560	4.620
	7th	4	123 W	W	Lake City	115.9	Mya Miller	170x	185g	210x	185	75g	85g	95x	85	215g	250g	270g	270	540	4.659
	8th	3	123 W	W	Morenci	120.4	Neili Pike	165g	180g	195g	195	85g	95g	100x	95	210g	235g	250g	250	540	4.485
	9th	2	123 W	W	HFII	117.8	Felicity O'Brien	195x	195g	205g	205	120g	130x	130x	120	210g	225x	225x	210	535	4.542
	10th	1	123 W	W	Troy Athens	121.2	Caroline Cubitt	195x	195g	210g	210	85g	90x	90g	90	215g	230g	240x	230	530	4.373
132	1st	12	132 W	W	Troy Athens	128.3	Eva Hobley	210g	225g	240g	240	135x	135g	145x	135	225g	245g	255g	255	630	4.910
	2nd	9	132 W	W	Sandusky	124.1	Taryn Tank	225g	235g	240x	235	120g	130g	135x	130	245g	255x	255g	255	620	4.996
	3rd	8	132 W	W	Flushing	129	Julie McNamara	215x	215g	225x	215	110g	120g	130x	120	240g	265g	285g	285	620	4.806
	4th	7	132 W	W	Birch Run	129.4	Madison Polzin	170g	195g	215x	195	115g	120g	125x	120	270g	290g	300g	300	615	4.753
	5th	6	132 W	W	Grandville	130	Monroe Grifhorst	190g	205g	215g	215	105g	115g	125x	115	260g	280x	280x	260	590	4.538
	6th	5	132 W	W	ONSTED	125.8	Tabi Verity	185x	190g	200x	190	90g	95g	100x	95	270g	285g	300g	300	585	4.650
	7th	4	132 W	W	CROSLEX	128.4	Gabby Day	205g	220g	250x	220	90g	95g	100x	95	240g	270g	305x	270	585	4.556

	8th	3	132	W	W	Northwest	129.5	Ava Conner	160g	175g	195g	195	95g	105g	110x	105	245g	265g	270x	265	565	4.363
	9th	2	132	W	W	Napoleon	128.5	Marissa Benn	200g	210x	210x	200	95g	100g	105g	105	225g	235g	250g	250	555	4.319
	10th	1	132	W	W	Utica	128.5	Samantha Patrick	190x	190x	190g	190	95g	100g	110x	100	240g	265g	275x	265	555	4.319
140	1st	12	140	W	W	Yale	138.1	Jaela Krosnicki	240g	255x	255x	240	150g	155g	160x	155	315g	320g	325g	325	720	6.411
	2nd	9	140	W	W	HFII	139.7	Gabriella Mecca	255g	265g	270x	265	120g	130g	135x	130	275g	300g	320g	320	715	7.823
	3rd	8	140	W	W	Troy Athens	135.8	Liliana Tasich	240g	250g	265g	265	125g	130g	135x	130	300g	315g	325x	315	710	6.873
	4th	7	140	W	W	Grandville	139.1	Haylie Haney	210g	225g	235x	225	125g	140g	145x	140	240g	280g	295g	295	660	6.458
	5th	6	140	W	W	Ionia	135.5	Ava Curtin	195g	205g	215g	215	120g	125g	130x	125	280g	300x	315x	280	620	6.163
	6th	5	140	W	W	Lake Orion	134.8	Minna Plattenberger	170x	185x	200g	200	115g	120g	130g	130	265g	275g	280g	280	610	6.566
	7th	4	140	W	W	Lake Orion	133.3	Victoria Hofer	215g	225x	230g	230	115g	120g	125g	125	240g	250x	250g	250	605	5.402
	8th	3	140	W	W	CROSLEX	138.9	Lauren McKay	195g	210g	225x	210	100g	105x	105x	100	275g	295g	310x	295	605	6.099
	9th	2	140	W	W	Martin	133.4	Elizabeth Reinke	155g	185g	190g	190	95g	110g	120g	120	225g	250g	280g	280	590	5.712
	10th	1	140	W	W	PHHS	134.1	Natalie Turner	165x	170g	175g	175	115g	120x	120x	115	245g	255g	265x	255	545	5.963
148	1st	12	148	W	W	Springport	141.4	Chloe Hemminger	280g	300x	300x	280	160g	170x	170x	160	315g	340g	350g	350	790	5.587
	2nd	9	148	W	W	Ionia	143.3	Valentina Sanchez-Sosa	265g	270g	275g	275	135g	140g	150x	140	275g	290g	305x	290	705	4.920
	3rd	8	148	W	W	Troy Athens	143.3	Avery Appledorn	235g	255x	255g	255	130g	135x	135x	130	265g	280g	295g	295	680	4.745
	4th	7	148	W	W	Troy Athens	142.3	Emma Leonard	230x	230g	250x	230	120x	120x	120g	120	265g	280g	290g	290	640	4.498
	5th	6	148	W	W	Parma-Western	143.3	Anna McDonald	200g	215g	225g	225	110g	120g	125g	125	265g	275x	285g	285	635	4.431
	6th	5	148	W	W	Grandville	143.3	Isabelle Adams	200g	215g	225x	215	105g	110g	115g	115	260g	275g	290g	290	620	4.327
	7th	4	148	W	W	Springport	146.6	Rachel Potter	215g	230g	250g	250	135g	145g	160x	145	200g	225g	250x	225	620	4.229
	8th	3	148	W	W	Yale	146.6	Madelyn Fowler	190g	200g	205x	200	120g	130g	135x	130	265g	275g	290g	290	620	4.229
	9th	2	148	W	W	Kingsley	144	Sierra Billiau	195g	205g	225x	205	120g	125g	130g	130	235g	250g	270g	270	605	4.201
	10th	1	148	W	W	HFII	144.7	Kaitlyn Cadrette	205g	220g	230x	220	110g	115g	125x	115	245g	260g	270g	270	605	4.181
155	1st	12	155	W	W	Whiteford	152.9	Haley Luse	285g	295g	300g	300	160g	170g	175x	170	315g	325g	340g	340	810	5.298
	2nd	9	155	W	W	Grandville	153.5	Marla Aymond	275g	295g	305g	305	130g	140g	150x	140	285g	305g	350x	305	750	4.886
	3rd	8	155	W	W	Buchanan	151.6	Faith Bartley	225g	235g	250g	250	115g	125g	135x	125	320g	340g	355x	340	715	4.716
	4th	7	155	W	W	Yale	150.5	Marissa Hoenicke	225g	240g	250x	240	125g	140g	145x	140	275g	285g	300x	285	665	4.419
	5th	6	155	W	W	Yale	151.5	Lilian Zink	225g	240g	250g	250	105g	115g	120g	120	285g	300x	315x	285	655	4.323
	6th	5	155	W	W	Lake Orion	154.5	Eva Clyne	200g	215g	220x	215	125x	135g	150x	135	285g	295g	300x	295	645	4.175
	7th	4	155	W	W	Carsonville-Port S	151.9	Violet Johnson	205g	225g	235g	235	95g	105g	110x	105	275g	295g	305x	295	635	4.180
	8th	3	155	W	W	Spring Lake High S	152.9	Kennedy Rosema	170g	205g	220g	220	125g	145g	155g	155	205g	235g	245x	235	610	3.990
	9th	2	155	W	W	Three Rivers	152.8	Eliana Price	195g	200x	200g	200	95g	105g	115x	105	290g	300x	300g	300	605	3.959
	10th	1	155	W	W	Brighton	154.3	Olivia Capilla	190g	205g	215g	215	115g	120g	125x	120	240g	270g	285x	270	605	3.921
165	1st	12	165	W	W	Whitehall	159.3	Maelie Hope	250g	320g	325g	325	210g	225g	240g	240	275g	330g	360x	330	895	5.618
	2nd	9	165	W	W	Troy Athens	157.2	Claire Dunneback	265g	275g	280g	280	165g	175g	180x	175	300g	315g	320x	315	770	4.898
	3rd	8	165	W	W	Grandville	155.2	Caitlynnn Akkerman	225g	235g	245g	245	140g	150g	155g	155	285g	305g	330x	305	705	4.543
	4th	7	165	W	W	Three Rivers	162.8	Ava Forman	235x	235g	245g	245	125g	135g	140x	135	265g	275g	300x	275	655	4.023
	5th	6	165	W	W	EPBP	156.8	Elizabeth McArdle	190g	235g	245x	235	90x	120g	125x	120	225g	285x	285g	285	640	4.082
	6th	5	165	W	W	Almont	158.8	Bella Medley	225g	245x	245g	245	105g	110g	120x	110	245g	255g	260g	260	615	3.873
	7th	4	165	W	W	CLIO	156.3	AMELIA THOMPSON	220x	230g	240x	230	110g	130g	135x	130	220g	235g	245g	245	605	3.871
	8th	3	165	W	W	Romeo	158.4	Natalie Bennett	210g	225g	235x	225	125g	135g	140x	135	220g	230g	245g	245	605	3.819

	9th	2	165 W	W	Kearsley	162.9	Kennedy Smith	190g	200x	205x	190	105g	110g	115g	115	275g	290g	300g	300	605	3.714
	10th	1	165 W	W	Ionia	160.8	Alixandra Vasquez	190g	200g	210g	210	135g	140g	145x	140	220g	235g	250x	235	585	3.638
181	1st	12	181 W	W	Troy Athens	170.8	Reya Johnson	295g	315g	325g	325	160g	170g	175g	175	335g	355g	380g	380	880	5.152
	2nd	9	181 W	W	Grandville	169.3	Rachel Wilkie	275g	300g	325g	325	135g	145g	150x	145	355g	385g	400x	385	855	5.050
	3rd	8	181 W	W	CROSLEX	166.4	Juleigh VanCamp	260g	285g	295g	295	135g	145g	155g	155	325g	370g	395x	370	820	4.928
	4th	7	181 W	W	Manistee	168.4	Mollie Brown	225g	240g	250g	250	115g	125g	130g	130	315g	340g	355g	355	735	4.365
	5th	6	181 W	W	Grandville	168.6	Ella Connelly	235g	250g	275g	275	110g	120g	125x	120	285g	305g	320g	320	715	4.241
	6th	5	181 W	W	South Lyon East	177.9	Norah Robinson	250g	275g	285g	285	110g	120x	120x	110	295g	315g	335x	315	710	3.991
	7th	4	181 W	W	DEXTER	174.2	Ashley Mazurek	185g	225g	230g	230	155g	165g	175g	175	255g	275g	295g	295	700	4.018
	8th	3	181 W	W	EPBP	178.7	Lexi Smithers	230g	245g	260g	260	130g	135g	145x	135	245g	295g	305g	305	700	3.917
	9th	2	181 W	W	Constantine	175.9	Catarina Thelen	255g	265x	265g	265	125g	130x	130x	125	265g	280g	300g	300	690	3.923
	10th	1	181 W	W	St Clair High Scho	178.2	Reese Kulman	220g	235g	240x	235	120g	135g	145x	135	305g	320g	330x	320	690	3.872
198	1st	12	198 W	W	Constantine	191.7	Alizza Schieber	335x	335g	360g	360	205g	215x	215x	205	355g	375g	400x	375	940	6.856
	2nd	9	198 W	W	Lake Orion	193.3	Isabella Delong	270g	285g	295x	285	165g	170g	175x	170	340g	360g	375g	375	830	6.085
	3rd	8	198 W	W	North Branch	194.3	Olivia Gyomory	275g	295x	295x	275	135g	145g	150x	145	325x	335g	350g	350	770	5.781
	4th	7	198 W	W	Adrian	190.8	Breslyn Sikkenga	235g	255g	275g	275	145g	160g	170g	170	290g	315g	335x	315	760	5.701
	5th	6	198 W	W	Oxford	192.1	ELIZABETH RICE	270g	285x	285x	270	140g	150x	150x	140	315g	335g	345g	345	755	5.515
	6th	5	198 W	W	DEXTER	188.8	Anika Busdeker	260g	270g	275g	275	145g	155g	160g	160	290g	310g	315x	310	745	5.556
	7th	4	198 W	W	EPBP	192.6	Grace McArdle	220g	275x	275g	275	110g	130g	140x	130	220g	275g	285g	285	690	3.583
	8th	3	198 W	W	CROSLEX	190.2	Jaylin Schmidt	260x	260x	260g	260	115g	125g	130g	130	280g	300x	300x	280	670	4.880
	9th	2	198 W	W	STURGIS	183.6	JOHNNA ROOYAKERS	175g	195g	210g	210	105g	110g	115g	115	250g	280g	300g	300	625	3.404
	10th	1	198 W	W	Grandville	190.2	Tallen Campbell	185g	205g	215g	215	105g	115g	120x	115	230g	260g	275g	275	605	3.181
220	1st	12	220 W	W	LAKEVIEW SCS	214.7	AVA COSTALES	300g	315g	325g	325	175g	185g	190x	185	375g	390g	395g	395	905	4.215
	2nd	9	220 W	W	Goodrich	217.1	Evelyn Edenburn	335g	355g	365g	365	145g	155g	165x	155	345g	375x	375x	345	865	3.984
	3rd	8	220 W	W	Marysville	214.7	Lainey Stanko	285g	315x	315g	315	155g	170x	170x	155	315g	330g	340x	330	800	3.726
	4th	7	220 W	W	North Branch	200.1	Caleigh Goss	240g	255x	260g	260	130g	145x	145x	130	330g	355g	370g	370	760	3.798
	5th	6	220 W	W	Lake Orion	200.6	Abby Leming	305g	310x	310x	305	120g	125g	130x	125	315g	330g	335x	330	760	3.789
	6th	5	220 W	W	Whitehall	201.2	Madison Pies	270g	280g	290g	290	130g	140g	150g	150	305g	325x	335x	305	745	3.703
	7th	4	220 W	W	Grand Blanc	209.4	Stephanie Sexton	260g	275g	285x	275	85g	95g	115g	115	295g	310g	320x	310	700	3.343
	8th	3	220 W	W	Grandville	204.1	Meghan Bouwman	210g	235g	255x	235	120g	130g	135g	135	255g	295g	325g	325	695	3.405
	9th	2	220 W	W	Ionia	211	Savannah Clark	230g	245g	255g	255	120g	125g	135g	135	270g	280g	295g	295	685	3.246
	10th	1	220 W	W	HFII	211	Addison Hill	275x	275g	280x	275	120g	125g	135x	125	275g	285g	300x	285	685	3.246
242	1st	12	242 W	W	CROSLEX	228.4	J'lin Isaac	260g	275g	285x	275	135g	145g	150g	150	300g	310g	320g	320	745	3.262
	2nd	9	242 W	W	Gull Lake	231.4	Addison Hribar	265g	285g	290g	290	115g	125g	135x	125	285g	300g	325g	325	740	3.198
	3rd	8	242 W	W	Hart	222.2	Julia Bishop	225g	240g	260g	260	105g	115g	125x	115	265g	295g	305x	295	670	3.015
	4th	7	242 W	W	Utica	238.6	Alexandria Felts	250x	250g	265x	250	105g	110g	115x	110	260g	285x	285g	285	645	2.703
	5th	6	242 W	W	Birch Run	223.4	McKenna Severt	200g	215g	230g	230	105g	120x	120x	105	260g	280g	300g	300	635	2.842
	6th	5	242 W	W	Adrian	230.2	Natalie Ost	160g	185g	205g	205	105g	120g	130x	120	225g	260g	285g	285	610	2.650
	7th	4	242 W	W	Morenci	235.6	Rowan Shaffer	200g	215g	225g	225	95g	100g	105x	100	220g	245g	275g	275	600	2.547
	8th	3	242 W	W	Lake Orion	221	Peyton Guerra	200g	205g	215g	215	115g	120g	125x	120	230g	235g	240g	240	575	2.602
	9th	2	242 W	W	Grandville	224.9	Anna Rigterink	175g	185g	195g	195	105x	105x	105g	105	250g	265g	275x	265	565	2.512

	10th	1	242 W	W	PHHS	239.7	Avery Shutt	90g	105x	105g	105	65g	75g	85x	75	170g	180g	190g	190	370	2.015
SHW	1st	12	SHW W	W	Flushing	383.4	JoAnna Stockton	385g	410g	420g	420	195g	205g	215x	205	365g	395g	415g	415	1040	7.681
	2nd	9	SHW W	W	Kingston	287.6	April Diehl	250x	275g	280g	280	125g	135g	145x	135	260g	290g	315g	315	730	5.472
	3rd	8	SHW W	W	Troy Athens	341.2	Cienna Lenz	230x	230g	255g	255	130g	140g	145x	140	295g	315x	315g	315	710	5.240
	4th	7	SHW W	W	Standish-Sterling	363.2	Shayna Beem	230g	245g	250g	250	120g	130g	135x	130	300g	315g	325x	315	695	4.996
	5th	6	SHW W	W	Troy Athens	261	Ciara Lenz	230g	245g	255g	255	140g	145g	150x	145	265g	285g	305x	285	685	5.082
	6th	5	SHW W	W	Lawton	309.2	Andrea Rodriguez	225g	230g	245x	230	95g	100g	105x	100	315g	325g	340x	325	655	4.689
	7th	4	SHW W	W	CROSLEX	244.5	Alayna Zielinski	220g	230x	230g	230	115g	125g	130g	130	285x	285x	285g	285	645	2.638
	8th	3	SHW W	W	CROSLEX	251.3	Lea Lane	215g	230g	245g	245	110g	120x	120x	110	255g	285g	300x	285	640	2.547
	9th	2	SHW W	W	Edwardsburg	259.9	Adelina Garcia	185g	200g	225g	225	95g	100g	110x	100	275g	295g	310g	310	635	2.443
	10th	1	SHW W	W	Stoney Creek	268.2	Emely Michael	225g	250x	265x	225	135g	145x	145x	135	245g	265g	285x	265	625	4.602